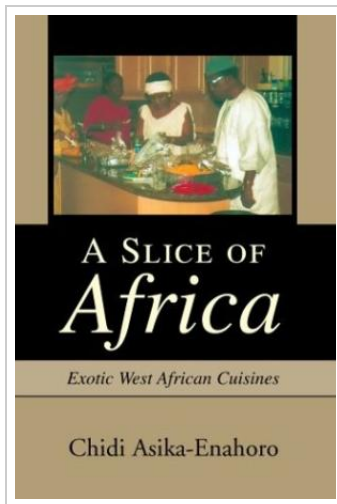




A Slice of Africa: Exotic West African Cuisines

By Chidi Asika-Enahoro

iUniverse.com. Hardcover. Condition: New. 116 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. A Slice of Africa presents a wide array of exotic cuisines of the West African descent. It features a cornucopia of tantalizing recipes. The dishes will take you on a journey to the heart of West Africa right in your own kitchen. The recipes are presented in easy to follow formats. Some of the dishes may have a distinctive resemblance to recipes from other parts of the world. Nigerian Cuisines are profiled because they embrace aspects from all African cultures. Learn how to prepare authentic Nigerian dishes. The native ingredients to use can easily be purchased from specialty food stores such as Nigerian, Liberian, Latin, Oriental, Indian, West Indian, and African grocery stores in big cities like London, New York, Miami, Atlanta, Washington DC, Baltimore, Boston, Houston, Rome, Hong Kong, and Los Angeles. A Slice of Africa demystifies some of the West African cultural trends and brings their most intimate cooking traditions to the forefront. West African cities like Lagos, Abuja, Dakar, Freetown, Accra, and Abidjan are currently flourishing with Westerners embracing the African culture and relishing the same dishes presented here. Enjoy an exotic African adventure without traveling...



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