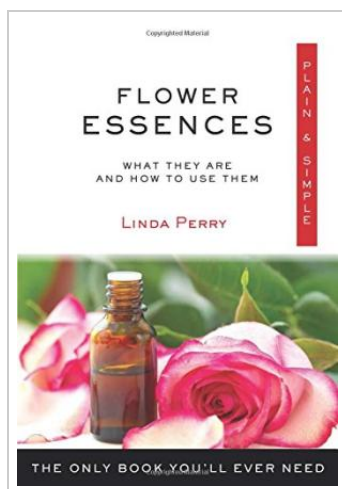




Flower Essences Plain Simple: The Only Book You ll Ever Need (Paperback)

By Linda Perry

Hampton Roads Publishing Company, 2017. Paperback. Condition: New. Language: English . Brand New Book. What They Are and How to Use Them Flower essences are infusions, or decoctions, made from the flowering parts of plants that uniquely address emotional and mental aspects of wellness. The first 38 flower remedies were formulated by British physician Dr. Edward Bach in the 1930s, but new remedies from other plant species are always being formulated. This book provides a helpful introduction to flower essences, ?what they are and how to use them. Topics covered include the following: How to choose essencesHow to make a bottle of essenceEssences and their storiesCases studies: true stories of how essences helpedA glossary of more than 100 essences and their uses This is the essential introductory guide for anyone interested in alternative health and the safe, gentle vibrational healing of flower essences.



READ ONLINE
[9.33 MB]

Reviews

Very useful to all of class of individuals. This really is for all those who statte there had not been a worthy of looking at. I am just very happy to let you know that here is the finest ebook i have got go through within my individual daily life and might be he finest ebook for actually.

-- **Delores Mitchell PhD**

I actually started reading this article publication. We have read and that i am confident that i am going to planning to study yet again once again later on. You can expect to like how the author compose this pdf.

-- **Zoe Hilpert**