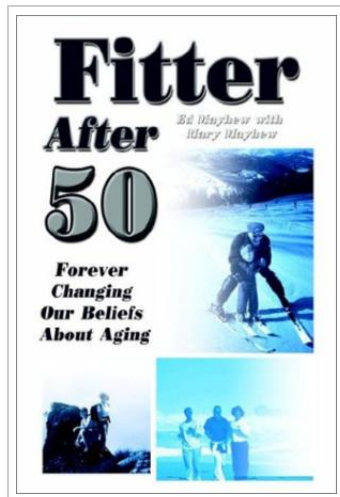




Fitter After 50 Forever Changing Our Beliefs About Aging

By Ed Mayhew

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