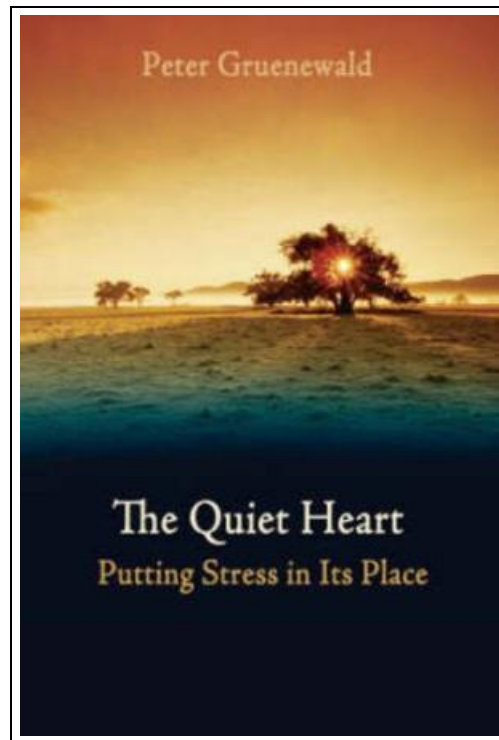


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THE QUIET HEART: PUTTING STRESS IN ITS PLACE



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