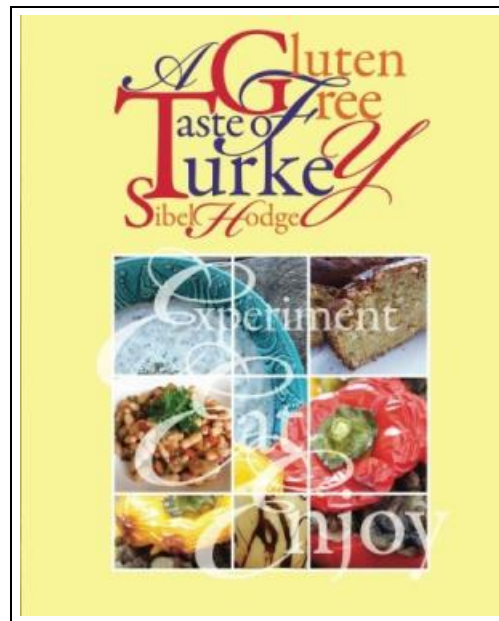


## A Gluten Free Taste of Turkey



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**(Dr. Rowena Wiegand)**

## A GLUTEN FREE TASTE OF TURKEY



CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 74 pages. Dimensions: 9.8in. x 7.8in. x 0.5in. If you're suffering from coeliac disease, gluten and wheat sensitivity, or you simply want to sample delicious and healthy Turkish food, then this book is for you. A gluten free diet doesn't mean you have to sacrifice taste. Today it can be eclectic, vibrant, and adventurous. After cooking for her coeliac husband for over a decade, author Sibel Hodge now combines her knowledge of tasty, easy-to-cook, and nutritious Turkish food with gluten free recipes in *A Gluten Free Taste of Turkey*. This mouth-watering collection of dishes includes meze, soups, salads, egg dishes, pasta, vegetable dishes, meat dishes, seafood, desserts, bread, and drinks. It features over 80 recipes and photos of traditional Turkish favourites like Moussaka, Oven Cooked Kebab, and Calamari, along with dishes that have a Turkish Cypriot twist to them, such as Cypriot Olive Bread and Hellim Pasta, plus her own creations of Red Lentil and Rocket Soup, Caramelized Roast Vegetables with Feta, Spiced Mushroom Rice, Turkish-Style Shepherd's Pie, and Choca Mocha Walnut Cake. Turkish cuisine is considered among the world's best because of the variety of dishes, the use of natural ingredients, and a huge mixture of tantalizing flavours and tastes. It's also a very healthy diet, with lots of vegetables, grains, beans, herbs, olive oil, spices, and fruit. Who says gluten free cooking has to be boring? Experiment. Eat. Enjoy! *A Gluten Free Taste of Turkey* was Runner Up in the Best Indie Books of 2012 by Indie Book Bargains. ABOUT THE AUTHOR Sibel Hodge has dual Turkish Cypriot/British nationality and is the bestselling author of *Fourteen Days Later*. She has 8 cats and 1 husband. In her spare time, she's Wonder Woman! When she's not out saving the...



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