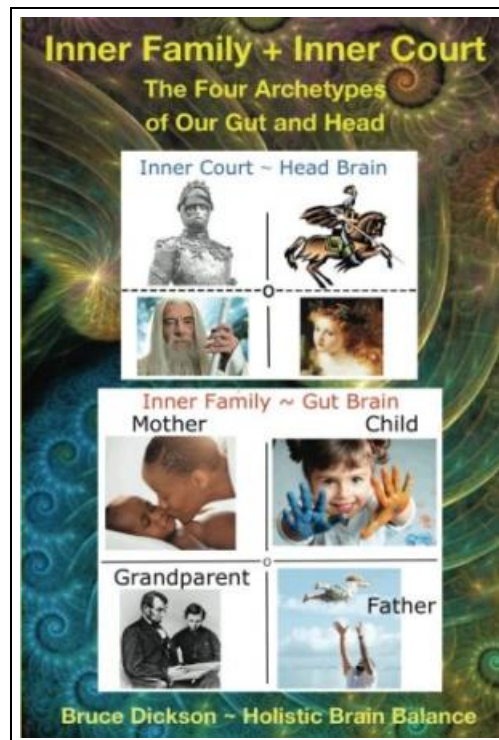


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INNER FAMILY + INNER COURT THE FOUR ARCHETYPES OF OUR GUT AND HEAD (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Inner Family-Court model is appropriate to grad students and ANYONE interested in counseling, coaching, training, sales and personal-spiritual growth. The Inner Family topic expands in many directions quickly. Best orientation for students is to start with how the four archetypes of a single family unit correspond with the four classical Greek elements: Guinever-Mother Earth archetype (pancreas-spleen, sweet taste) Lancelot-child Fire archetype (liver, warmth, blood) Merlin-Wise, accepting Grandparent Air+Metal archetype King Arthur-father water (steam-liquid-ice) Functional dysfunctional expressions of each archetype are described for navigation purposes. The intelligence of our Habit Body is here. The book, Your Habit Body, An Owner s Manual, prepares readers for the current topics. Next we learn how in the gut brain, these four archetypes, occupy one of four quadrants of our etheric body, in our gut. Using self-muscle-testing to navigate the Inner Family in our gut, it s possible to see where our habits and comfort zones are running us; and where changes are needed. With muscle testing of any kind, everyday disturbances can be tracked back to their quadrant of origin, a tremendous advance within Goethean Holistic Psychology. Leaving the gut brain, after puberty, as adults, our conscious locus of control shifts from gut to head brain. Inner Family names can be used in teh head. Alternatively so can the four archetypes of Arthurian legend, Guinever, Lancelot, Merlin, King Arthur. Each quadrant of our etheric body, in two systems, stores learned behaviors, memories, values, talents and responses to life. Our Habit Body plays back these recorded habits, to the best of its ability, as appropriate and according to maturity attained. Which habits you choose to express, when and how--is your uniqueness. Q: Are four...



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