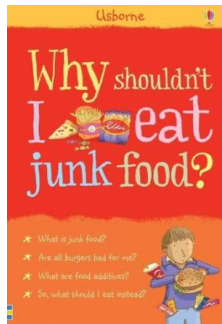


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Usborne Publishing Ltd, United Kingdom, 2015. Hardback. Condition: New. Adam Larkum (illustrator). New edition. Language: English. Brand New Book. A fun and informative guide to healthy eating which answers questions such as Why does junk food taste so good? What are food additives? What is processed food? and Can I still eat burgers? Includes simple recipes for healthy snacks and burgers, ideas for taking more exercise and information on food labels, advertising and how food is grown.

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- Authored by Kate Knighton
- Released at 2015



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