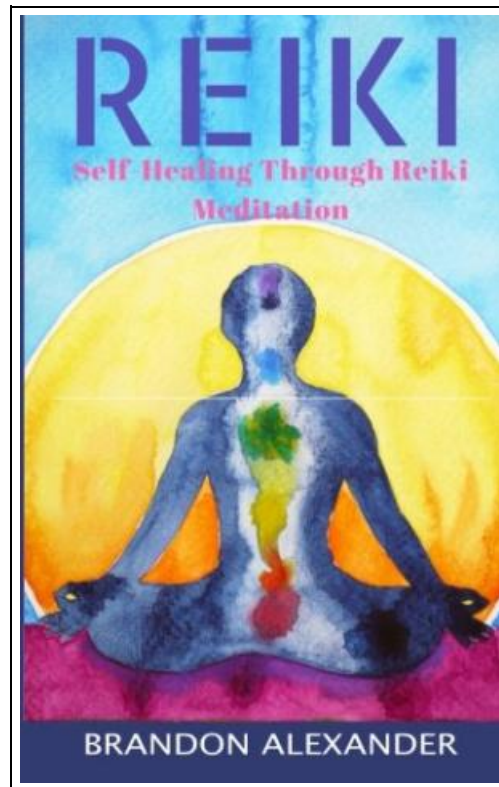


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REIKI: SELF-HEALING THROUGH REIKI MEDITATION (PAPERBACK)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Our modern world has made it so easy to have blocked energy. We may be angry about things, not focus on our relationships, and so much more. When our energy is blocked, it can result in a lot of physical ailments and other issues, which will not lead us to living a healthy or happy life. With the help of Reiki, we are able to open up our energy and allow for it to flow through the body easily. This guidebook is going to take some time to talk about Reiki and how important it can be. Some of the different things that we will discuss about Reiki in this guidebook include: -What is Reiki? -The chakras and Reiki -The principles of Reiki -The benefits of Reiki -The important symbols of Reiki -How to perform Reiki on your own -The importance of living in harmony with your world -Some Reiki meditations that you can try When you are ready to finally clear up your energy and feel the happiness and good health that you have been looking for without all of the doctors and medication, make sure to read through this guidebook and learn what you need to get started with Reiki!.



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