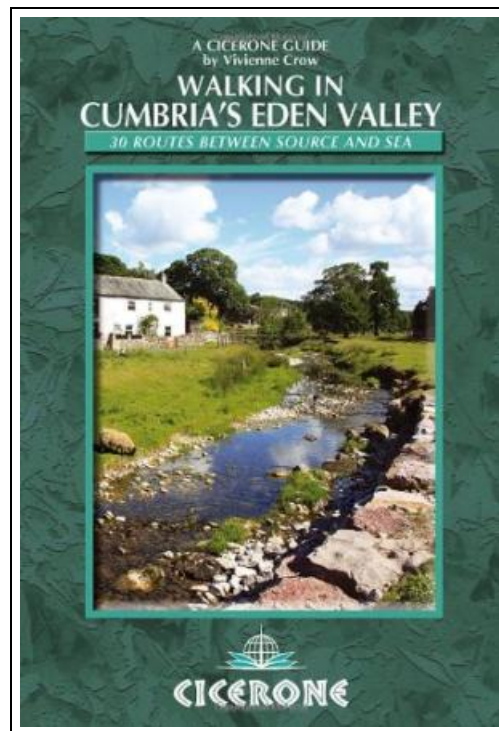


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Reviews

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(Neal Homenick IV)

WALKING IN CUMBRIA S EDEN VALLEY: 30 ROUTES BETWEEN SOURCE AND SEA (PAPERBACK)



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Cicerone Press, United Kingdom, 2011. Paperback. Condition: New. Language: English . Brand New Book. Walking guide to 30 day walks in the Eden Valley, in the north of Cumbria, following the River Eden from Kirkby Stephen past Penrith and Carlisle to the Solway Firth. A wide range of day routes, from 4 to 17 miles in length, past ruined castles, churches and prehistoric settlements with stunning views of the Lake District, Pennines and Scottish hills. If Cumbria s beautiful Eden Valley were anywhere but next to the Lake District, it would be full of tourists. As it is, few venture this far, leaving locals to delight in the fact that they have this wonderful area, with its rich natural and human heritage, all to themselves. This new guidebook covers routes from the source of the River Eden, high in the wild Pennines, through undulating countryside and past red sandstone villages, right up to the vast, open expanses of the Solway marshes on the Scottish border. Walkers can enjoy anything from day-long moorland hikes to gentle riverside and woodland strolls, taking in attractive gorges, flower-filled meadows, limestone pavement and one of England s largest stone circles. Routes are graded 1 to 5, many linking with the Settle-Carlisle railway line. Packed with historical information.



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