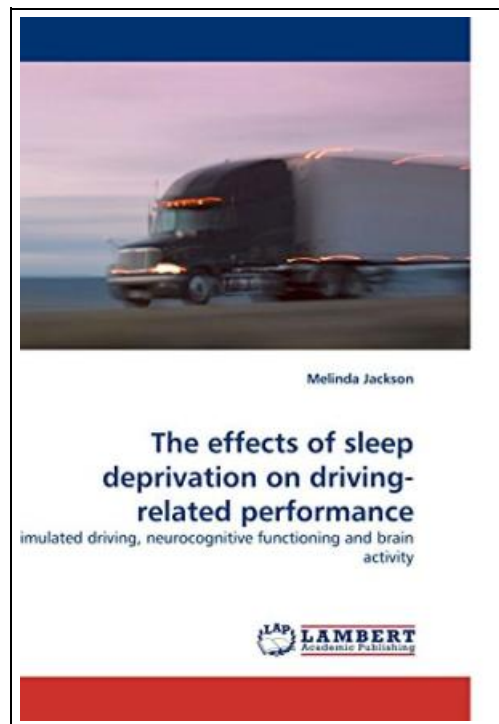


The effects of sleep deprivation on driving-related performance



Filesize: 2.89 MB

Reviews

It becomes an remarkable publication that we have at any time study. It is among the most remarkable pdf i have go through. I am just easily can get a satisfaction of reading a published book.
(Alayna Ankunding DVM)

THE EFFECTS OF SLEEP DEPRIVATION ON DRIVING-RELATED PERFORMANCE



To get **The effects of sleep deprivation on driving-related performance** eBook, make sure you follow the web link listed below and download the file or have accessibility to other information which might be highly relevant to THE EFFECTS OF SLEEP DEPRIVATION ON DRIVING-RELATED PERFORMANCE ebook.

Condition: New. Publisher/Verlag: LAP Lambert Academic Publishing | Simulated driving, neurocognitive functioning and brain activity | Sleepiness contributes up to 30% of all heavy vehicle accidents throughout the world each year. Professional drivers are particularly susceptible to the effects of sleepiness, due to chronic or acute sleep deprivation, time-on-task effects, driving at circadian low points, and increased daytime sleepiness resulting from sleep disorders. Population surveys of heavy vehicle drivers indicates that a small proportion of drivers use pharmaceutical means in order to help maintain alertness during long-haul trips. Despite the known benefits of amphetamine-type stimulants on reducing fatigue and sleepiness, epidemiological evidence suggests that a large percentage of fatally injured professional drivers test positive to amphetamines. This book describes three independent studies which highlight the detrimental influence of sleep deprivation on a range of driving-related processes. Sleep deprivation can have large implications for safe driving, and this study highlights the importance of promoting and educating drivers about the dangers of driving when sleepy. | Format: Paperback | Language/Sprache: english | 388 gr | 220x150x14 mm | 280 pp.

-  [Read The effects of sleep deprivation on driving-related performance Online](#)
-  [Download PDF The effects of sleep deprivation on driving-related performance](#)
-  [Download ePUB The effects of sleep deprivation on driving-related performance](#)

Related Kindle Books



[PDF] Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities

Click the hyperlink beneath to get "Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities" document.

[Save PDF »](#)



[PDF] The Savvy Cyber Kids at Home: The Defeat of the Cyber Bully

Click the hyperlink beneath to get "The Savvy Cyber Kids at Home: The Defeat of the Cyber Bully" document.

[Save PDF »](#)



[PDF] History of the Town of Sutton Massachusetts from 1704 to 1876

Click the hyperlink beneath to get "History of the Town of Sutton Massachusetts from 1704 to 1876" document.

[Save PDF »](#)



[PDF] California Version of Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package

Click the hyperlink beneath to get "California Version of Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package" document.

[Save PDF »](#)



[PDF] Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package

Click the hyperlink beneath to get "Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package" document.

[Save PDF »](#)



[PDF] Who am I in the Lives of Children? An Introduction to Early Childhood Education

Click the hyperlink beneath to get "Who am I in the Lives of Children? An Introduction to Early Childhood Education" document.

[Save PDF »](#)

**[PDF] A Little Wisdom for Growing Up: From Father to Son**

Access the hyperlink listed below to download "A Little Wisdom for Growing Up: From Father to Son" document.

[Save eBook »](#)

**[PDF] Becoming Barenaked: Leaving a Six Figure Career, Selling All of Our Crap, Pulling the Kids Out of School, and Buying an RV We Hit the Road in Search Our Own American Dream. Redefining What It Meant to Be a Family in America.**

Access the hyperlink listed below to download "Becoming Barenaked: Leaving a Six Figure Career, Selling All of Our Crap, Pulling the Kids Out of School, and Buying an RV We Hit the Road in Search Our Own American Dream. Redefining What It Meant to Be a Family in America." document.

[Save eBook »](#)

**[PDF] No Friends?: How to Make Friends Fast and Keep Them**

Access the hyperlink listed below to download "No Friends?: How to Make Friends Fast and Keep Them" document.

[Save eBook »](#)

**[PDF] The Preschool Church Church School Lesson for Three to Five Year Olds by Eve Parker 1996 Paperback**

Access the hyperlink listed below to download "The Preschool Church Church School Lesson for Three to Five Year Olds by Eve Parker 1996 Paperback" document.

[Save eBook »](#)

**[PDF] Homeschool Your Child for Free: More Than 1,400 Smart, Effective, and Practical Resources for Educating Your Family at Home**

Access the hyperlink listed below to download "Homeschool Your Child for Free: More Than 1,400 Smart, Effective, and Practical Resources for Educating Your Family at Home" document.

[Save eBook »](#)

**[PDF] 12 Stories of Christmas**

Access the hyperlink listed below to download "12 Stories of Christmas" document.

[Save eBook »](#)