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TRIATHLON FOR THE EVERY WOMAN: YOU CAN BE A TRIATHLETE. YES. YOU.



Tricycle Books, United States, 2012. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Triathlon for the Every Woman is a hilarious and informative read--full of expert advice, training tips, and stories to turn a tired, busy woman into a tired, busy woman TRIATHLETE--no matter her size, age or place in life. Meredith Atwood, an overweight and overworked wife, mother and attorney, went from the couch to the finish of a...

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- Authored by Meredith Atwood
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