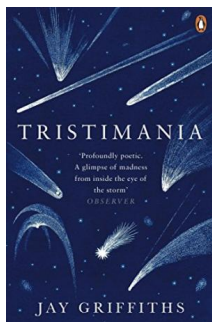


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TRISTIMANIA



Penguin UK Jan 2017, 2017. Taschenbuch. Condition: Neu. Neuware - A stark and lyrical account of the psyche in crisis from the author of Kith Tristimania tells the story of a devastating year-long episode of manic depression, culminating in a long solo pilgrimage across Spain. Recording the experience of mania as has rarely been done before, Jay Griffiths shows how the condition is at once terrifying and also profoundly creative, both tricking and treating the psyche. An intimate and raw...

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