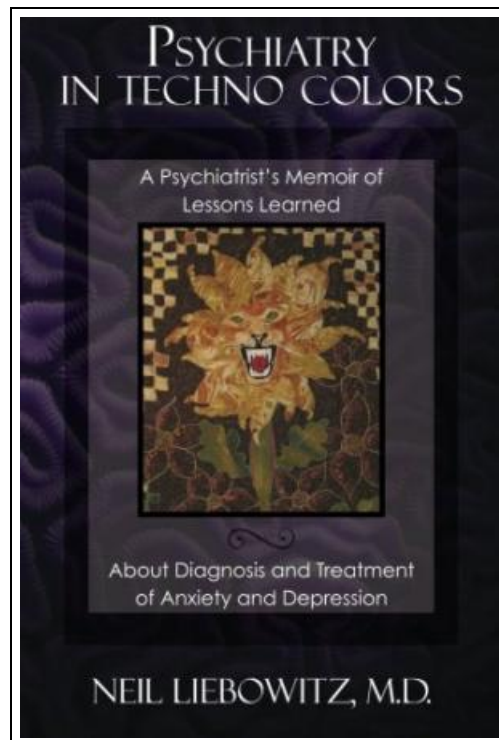


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Createspace Independent Publishing Platform, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Get psychiatric help with attitude and aptitude! An excellent book for everyone. Dr. Liebowitz explains the life of a psychiatrist and the medications available to help those with anxiety and depression. Anyone who knows someone with depression or anxiety can benefit greatly by his lifetime experiences with patients. It is easy to read and once you start reading it, you can't put it down. It is very enlightening to anyone who has this diagnosis or to anyone who knows someone with this. EXCELLENT book and well worth the money. The author, Neil Liebowitz, M.D. is the founder and director of the Connecticut Anxiety and Depression Treatment Center in Farmington, Connecticut. I wrote this book to help patients, loved ones of patients and clinicians who treat people with mental illness to understand the dilemmas in diagnosis and treatment. It is part expose of the faults in psychiatry's troubled past but more importantly it helps to provide a framework to make better choices in medications and therapy selection. My ultimate goal is to make patients and their families colleagues in the treatment decision making, and this involves giving insight into the thought process of a psychiatrist. In this collection of essays he tells clinical pearls about the evolution of modern psychiatric treatment. These are personal stories of the author and his patients that illustrate some of the dilemmas and possible solutions for key psychiatric problems. From growing up on suburban Long Island to residency training at Yale, to an academic career at the University of Connecticut, lessons were learned about how best to understand psychiatric problems and a strategy to treat them. The book has insights for those who want...

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