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POSTOPERATIVE INSPIRATORY MUSCLE TRAINING, DOES IT WORK?



Postoperative Inspiratory
Muscle Training, Does It
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Condition: New. Publisher/Verlag: LAP Lambert Academic Publishing | Respiratory muscle weakness has been suggested as a contributor in the development of postoperative pulmonary complications and reductions in both inspiratory and expiratory muscle strength have been demonstrated up to 12 weeks postoperatively. Inspiratory muscle training has been proposed as one form of prehabilitation. IMT aims to increase inspiratory muscle strength and endurance by applying a resistive load to the inspiratory muscles in order to achieve a training effect. Methods of providing inspiratory...

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