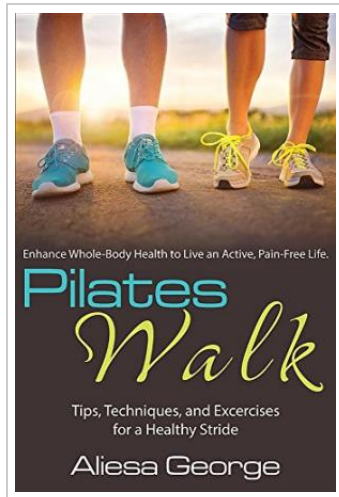




Pilates Walk: Tips, Techniques, and Exercises for a Healthy Stride (Paperback)

By Aliesa George

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