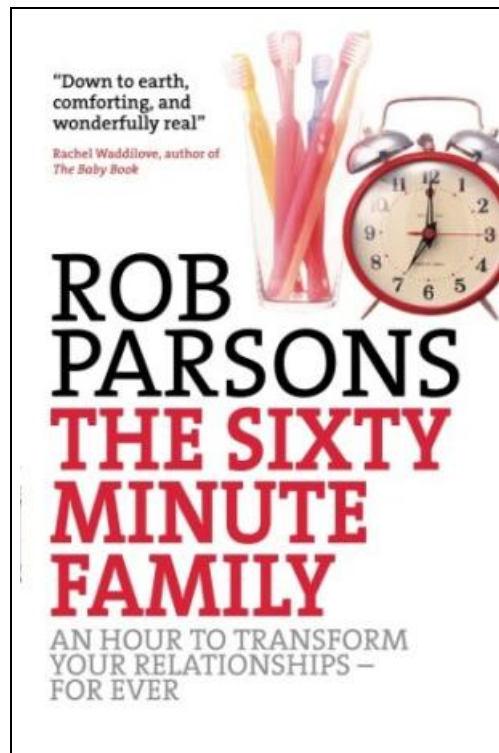


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Lion Hudson Plc. Paperback. Book Condition: new. BRAND NEW, The Sixty-minute Family: An Hour to Transform Your Relationships - For Ever, Rob Parsons, What can you learn in an hour? * How to find the most effective parenting style * How to save your marriage from 'a creeping separateness' * How to make time for your family * How to discover the magic of traditions * How to get your family through the tough times .enough to transform your relationships - forever. This latest book in Rob Parsons' best-selling Sixty-Minute series offers 10 life lessons for a strong family life, drawn from Rob's own experience and from his encounters with people around the world. Combining practical wisdom and accessible advice with a wide range of case studies - and an engaging style - the book addresses 10 key areas, including making time for each other, taking time to talk, encouragement, parenting styles, handling conflict, the magic of traditions, appreciating the extended family and seizing the moment.

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