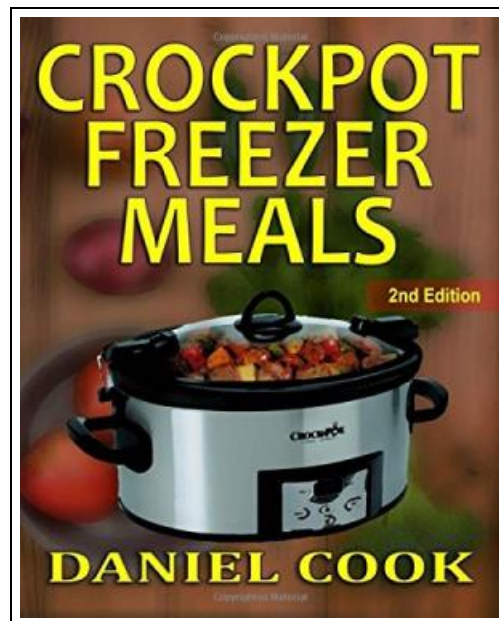


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(Lisa Jacobs)

CROCKPOT FREEZER MEALS - 2ND EDITION: 110 DELICIOUS CROCKPOT FREEZER MEALS



Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.Read for FREE with KINDLE UNLIMITEDCooking can be a very time consuming and overwhelming experience. In this fast-paced world we have less and less time and most of the time we resort to fast food instead of warm and healthy homemade meals. Not many of us has enough time to devote 1-2 hours a day just for cooking. Or maybe you stay at home mom and you have the time, however you could use it for your hobbies and doing things that you like other than cooking.As you can see, options are limited: You can cook your meals at home, but this takes way too much time, to do it every single day. You can eat healthy meals at restaurants, however this costs significant money, and also time commuting. You can grab fast food, but then you can see your health slowly getting worse, gaining weight, and beginning to see that judging looks from people. You can hire a personal chef, but that would be pretty expensive But what if you could buy a personal chefWell, actually this is pretty possible. I am talking about Crockpot. With Crockpot or Slow Cooker, you can just dump all ingredients, leave it cooking for as much time as you need, and later enjoy a delicious dinner. Now, you can save time preparing meals. Instead of wasting 1-2 hours every day cooking, you could just devote one evening a month and prepare meals for the whole month. This is possible and it is an amazing opportunity to save time. After everything is prepared you just freeze everything in freezer bags until its time for cooking. Than you just dump...



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