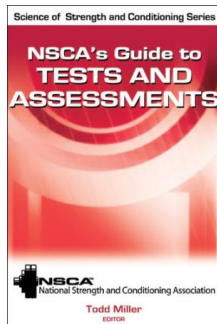


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Human Kinetics Publishers, United States, 2012. Hardback. Book Condition: New. 257 x 180 mm. Language: English. Brand New Book. NSCA s Guide to Tests and Assessments offers strength and conditioning professionals a one-stop resource for the best research-supported fitness and performance measures available. Created by top experts in the National Strength and Conditioning Association (NSCA), this comprehensive text offers extensive information on which factors matter and how to evaluate them as accurately and easily as possible. Editor Todd Miller...

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- Authored by National Strength Conditioning Association
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