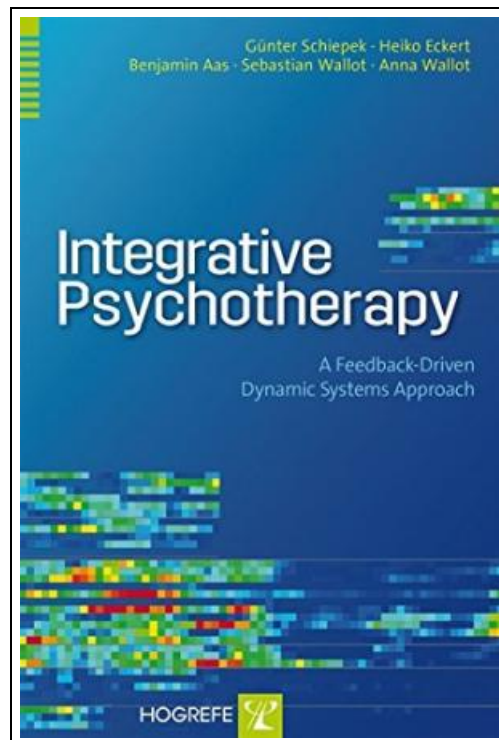


Integrative Psychotherapy: A Feedback-Driven Dynamic Systems Approach (Paperback)



Filesize: 2.61 MB

Reviews

This publication will never be straightforward to get going on looking at but really fun to see. This can be for all those who statte that there had not been a worth looking at. You wont really feel monotony at at any moment of your own time (that's what catalogs are for about should you request me).

(Cale Hansen Sr.)

INTEGRATIVE PSYCHOTHERAPY: A FEEDBACK-DRIVEN DYNAMIC SYSTEMS APPROACH (PAPERBACK)



Hogrefe Publishing, Canada, 2015. Paperback. Condition: New. 1. Aufl.. Language: English . Brand New Book. This book introduces a new, integrative, systemic approach to psychotherapy and counseling and shows how the principles of dynamic complex systems can guide everyday clinical work. Our mental, interpersonal, and biological (e.g., neuronal) systems are complex and nonlinear, and allow spontaneous pattern formation and chaotic dynamics. Their self-organizing nature sometimes maneuvers the systems into pathological states. However, the very same principles can be utilized therapeutically to encourage change for the better. The feedback-driven nonlinear dynamic systems approach described here basically attempts to facilitate positive self-organizing processes, such as order transitions, healthy patterns of behavior, and learning processes. In addition to describing the theory and evidence supporting the feedback-driven nonlinear dynamic systems approach, the authors use an extensive case study to illustrate how the principles of dynamic complex systems can guide everyday clinical work. They show how modeling and monitoring of the client's systems and an empirical description of its patterns allows the therapist to individually fine-tune therapeutic techniques to support the client's progress. Fine-meshed feedback based on real-time data and time-series analysis is at the core of the approach, and so an internet-based monitoring system - the Synergetic Navigation System (SNS) - that helps capture dynamic processes and guide practitioners' therapeutic decisions is also described.



[Read Integrative Psychotherapy: A Feedback-Driven Dynamic Systems Approach \(Paperback\) Online](#)



[Download PDF Integrative Psychotherapy: A Feedback-Driven Dynamic Systems Approach \(Paperback\)](#)

You May Also Like

**Grandpa Spanielson's Chicken Pox Stories: Story #1: The Octopus (I Can Read Book 2)**

HarperCollins, 2005. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Foreword by Raph Koster. Introduction. I. EXECUTIVE CONSIDERATIONS. 1. The Market. Do We Enter the Market? Basic Considerations. How...

[Download PDF »](#)

**Alfred's Kid's Guitar Course 1: The Easiest Guitar Method Ever!, Book, DVD Online Audio, Video Software**

Alfred Music, United States, 2016. Paperback. Book Condition: New. Language: English . Brand New Book. Alfred's Kid's Guitar Course is a fun method that teaches you to play songs on the guitar right...

[Download PDF »](#)

**Talking Digital: A Parent's Guide for Teaching Kids to Share Smart and Stay Safe Online**

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their...

[Download PDF »](#)

**A Parent's Guide to STEM**

U.S. News World Report, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.This lively, colorful guidebook provides everything you need to know...

[Download PDF »](#)

**A Smarter Way to Learn JavaScript: The New Approach That Uses Technology to Cut Your Effort in Half**

Createspace, United States, 2014. Paperback. Book Condition: New. 251 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.The ultimate learn-by-doing approachWritten for beginners, useful for experienced developers who want to...

[Download PDF »](#)