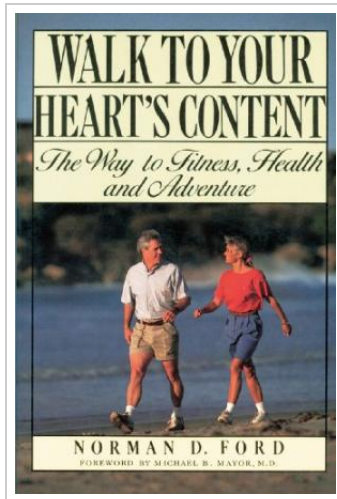




## Walk to Your Heart's Content: The Way to Fitness, Health and Adventure (Paperback)

By Norman D. Ford

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