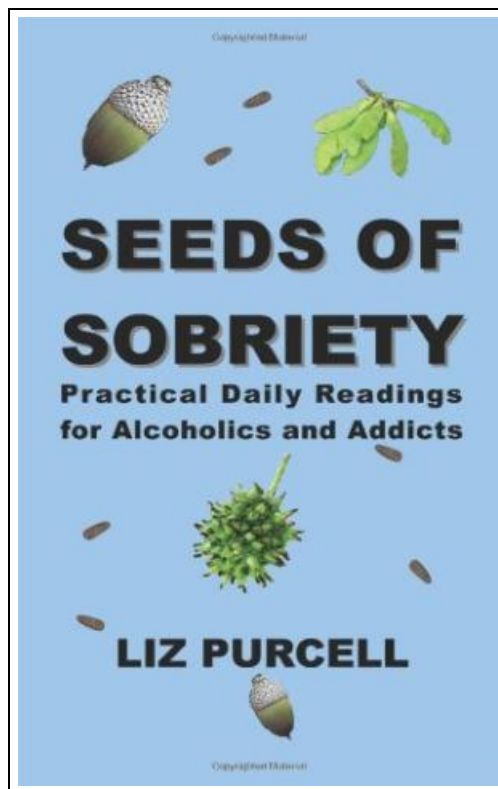


Seeds of Sobriety: Practical Daily Readings for Alcoholics and Addicts



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Reviews

This book will never be easy to start on looking at but quite entertaining to read. It is actually packed with wisdom and knowledge It is extremely difficult to leave it before concluding, once you begin to read the book.
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SEEDS OF SOBRIETY: PRACTICAL DAILY READINGS FOR ALCOHOLICS AND ADDICTS

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Outskirts Press. Paperback. Condition: New. 396 pages. Dimensions: 7.8in. x 5.0in. x 1.1in. See what folks are saying about Seeds of Sobriety: For every alcoholic addict uneasy with religious programs, Seeds of Sobriety is must reading. -Jim Christopher, Founder and Executive Director, SOS International (Secular Organizations for Sobriety Save Our Selves), Hollywood, California Seeds of Sobriety is jam-packed with powerful tools for staying sober. -Barry Solof, M. D., Fellow, American Society of Addiction Medicine, Regional Chief of Addiction Medicine, Kaiser Permanente, Los Angeles, California As desirable as any of these might be in themselves, you needn't work any x-step program, believe in a higher power, or maintain a state of serenity to stay sober. So says Liz Purcell, author of Seeds of Sobriety: Practical Daily Readings for Alcoholics and Addicts. The main emphasis of Seeds of Sobriety is on the alcoholic addict's need to prioritize their sobriety each day. Seeds of Sobriety also gives hints on coping with different issues--without drinking or using. Liz Purcell is a freelance writer and long-time sober alcoholic. She is also a member of SOS International, also known as Secular Organizations for Sobriety or Save Our Selves. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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