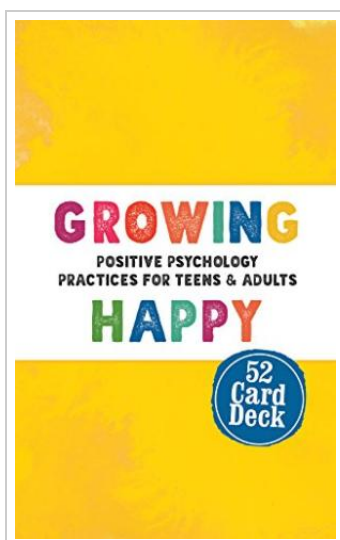




Growing Happy Card Deck: Positive Psychology Practices for Teens Adults

By Psy D Christopher Willard, Mitch Abblett

Pesi Publishing Media, 2016. Cards. Condition: New. Language: English . Brand New Book. Teaching and incorporating positive psychology into your home, classroom and therapy session is easy with the Growing Happy card deck. Grounded in the modern scientific findings of positive psychology, the card deck features 50 unique positive practices that will leave you feeling happier, present and resilient. Perfect for teens and adults.



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