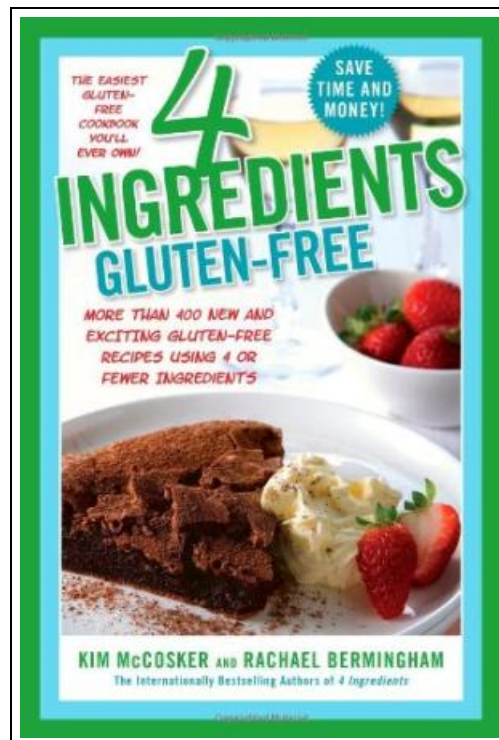


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SIMON SCHUSTER, United States, 2012. Paperback. Condition: New. Reprint. Language: English . Brand New Book. Cooking gluten-free is as easy as 1-2-3-4 Ingredients! Cooking Gluten-free is as easy as 1-2-3-4 INGREDIENTS Imagine mouthwatering Buckwheat Pancakes, Sun-Dried Pesto Pasta, Pork with Parmesan Polenta, and a decadent serving of Orange Ricotta Pudding. All can be prepared using four or fewer ingredients--gluten-free! Kim McCosker and Rachael Bermingham, the internationally bestselling authors who brought you 4 Ingredients, have once again created more than 400 quick, easy, and delicious recipes that require only four ingredients. This time, however, they all meet the specific requirements for a gluten-free diet. Included are fantastic dishes for breakfast, lunch, dinner, and entertaining, as well as gluten-free lunch box meals and recipes for babies and toddlers. With 4 Ingredients Gluten-Free, home chefs will learn how to: - Make weeknight family dinners simple, special, and healthy for anyone in the family who is gluten intolerant. - Provide delicious, home-cooked meals and spend less money. - Cook with fewer utensils--1 teaspoon, 1 tablespoon, and 1 measuring cup! - Spend less time at the sink. Four ingredients for each dish means less cleanup! Find out what home chefs all over the world have already discovered. 4 Ingredients Gluten-Free is perfect for the busy, budget-conscious, health-minded cook!

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