

Mindset Is Everything: If You Want to Be the Best You Have to Continually Progress (Paperback)



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Reviews

This created ebook is wonderful. I could possibly comprehended everything out of this created e book. Its been designed in an remarkably easy way and is particularly just after i finished reading through this ebook by which basically modified me, affect the way i believe.

(Verner Langworth III)

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Balboa Press, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Luck is an illusion. Mindset is Everything demonstrates the fact that your mind matters in goal achievement. Firstly, you need a target to aim for. Secondly, you need a game plan that will lead you in the direction of your target. Lastly, you need to be able to follow through with your game plan to be able to hit your target. This book is your guide to unlimited fulfillment. Whether you re a tortoise or a hare, this book will get you there! This book will use real life practical solutions that demonstrate how to persevere in times when you are discouraged or when things don t go according to the game plan. Life is complicated and will present challenges that you need to be able to adapt to. Inevitably, in taking control of your mindset which is internal, you can control what happens externally in the environment presented to you. What I ve discovered through my ongoing research in personal development is that most people because of no target to aim for are uncertain towards what they truly want from their life. Essentially, when an incentive is high enough to hit a target, we will find a way to do so. This disproving the myth that luck is real.



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