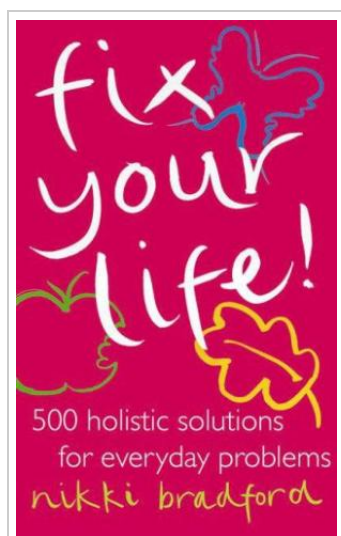




Fix Your Life!

By Nikki Bradford

Hodder & Stoughton General Division. Paperback. Book Condition: new. BRAND NEW, Fix Your Life!, Nikki Bradford, This is the book that every household needs: an indispensable compendium of solutions to every problem, including: - Career-enhancing tips on everything from networking to 'managing up' - How to save a faltering relationship with herbal remedies and feng shui - Drug-free alternatives to kids' ailments from ADHD to bed-wetting - Practical meditations for a relaxed pregnancy and a calm baby - Everyday visualisation techniques for strengthening friendships Drawing on professional healer and award-winning health author Nikki Bradford's years of work in spiritual and complementary health, this is a collection of totally integrated holistic information to dip in and out of or use as a reference book.



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