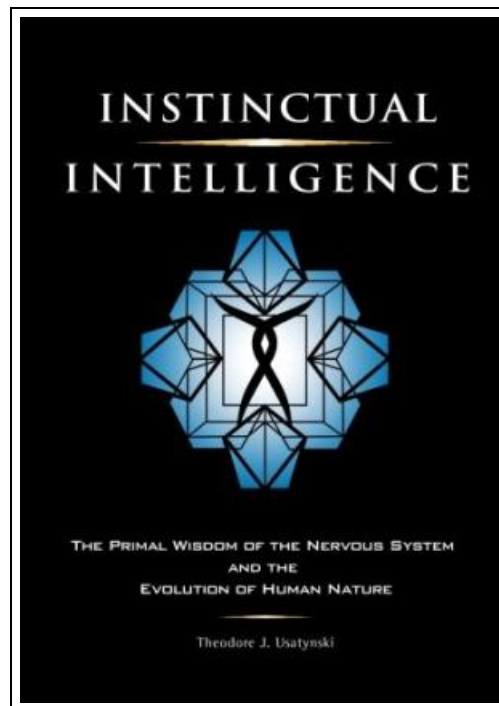


Instinctual Intelligence: The Primal Wisdom of the Nervous System and the Evolution of Human Nature



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Reviews

This is actually the best book i actually have go through right up until now. It generally will not price an excessive amount of. I discovered this book from my dad and i suggested this book to understand.
(Norma Carroll)

INSTINCTUAL INTELLIGENCE: THE PRIMAL WISDOM OF THE NERVOUS SYSTEM AND THE EVOLUTION OF HUMAN NATURE



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On Demand Publishing, LLC-Create Space, United Kingdom, 2009. Paperback. Book Condition: New. 250 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.Instinctual Intelligence is the first book that explores the evolution of human instincts. It offers uniquely modern approaches to align the passion and power of our instinctual heritage with the more enlightened possibilities of human life. Get to understand how of our basic instinctual systems- self-protection, social connection, resource gathering, playfulness and sexuality, and survival responses- function in everyday life. Learn how the full expression of instinctual intelligence becomes restricted by the time we reach adulthood. Drawing on leading-edge research in evolutionary neurobiology, clinical psychology, and spiritual development, explore how athletes (Tiger Woods), musicians (Madonna), business leaders (Oprah), and spiritual practitioners (Dalai Lama)- and learn how they achieved mastery in their chosen fields. Each person s instinctual intelligence simultaneously evolves the biological, social, cultural, and spiritual fabric of humanity.



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