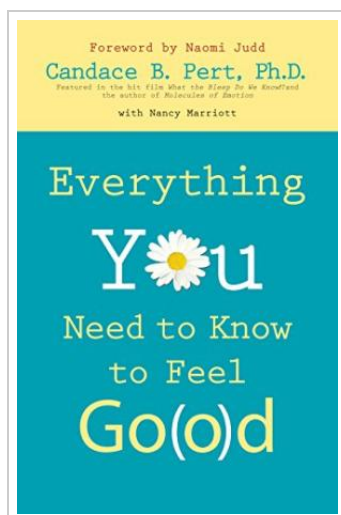




Everything You Need to Know to Feel Go(o)D

By Nancy Marriott

Hay House. Paperback. Condition: New. 240 pages. Dimensions: 8.9in. x 5.9in. x 0.9in. Everything You Need to Know to Feel Go(o)d is Candace Pert and rsquo;s response to the questions she and rsquo;s been asked in her worldwide travels ever since the publication of her book Molecules of Emotion, and her appearance in the film What the Bleep Do We Know! She discovered that, at the end of the day, all people really want to know is how to feel good. Within these pages, Dr. Pert shares the answers she and rsquo;s found, both in the biomedical laboratory of mainstream science and in the laboratory of her own evolving life. Her amazing journey documents how mind, body, and spirit cannot be separated; and that we and rsquo;re hard-wired for bliss, which is both physical and divine. Feeling good and feeling God, she believes, are one and the same. From beginning to end, this book takes us on an entertaining romp through the many bodymind avenues, separating the woo-woo from real science and pointing the way toward using new paradigm therapies, detoxing our food and environment, forgiving and healing our relationships, understanding depression, staying young, and creating the reality we want to...



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