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HAPPINESS NOW!: TIMELESS WISDOM FOR FEELING GOOD FAST



Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, Happiness Now!: Timeless Wisdom for Feeling Good Fast, Robert Holden, "Happiness Now!" is a truly powerful and radical exploration of one of life's most treasured goals. Packed with rich insights and practical wisdom, it offers a message of profound hope and healing for a generation that is often too busy chasing happiness to be truly happy. Robert Holden, PhD, presents a personal, warm and entertaining account of how he developed...

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- Authored by Robert Holden
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