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Stephan Wunderlich Sep 2014, 2014. Buch. Condition: Neu. Neuware - Questo libro è molto completo e ben illustrato. Tratta diversi temi relativi alla salute e alla spiritualità. Vi si trovano descrizioni di esercizi yoga e di respirazione, nonché riflessioni sul loro significato per la vita sociale. Vi vengono presentati alcuni rimedi e alcuni concetti utili a una comprensione profonda delle malattie psichiche. In questo scritto vengono inoltre comunicate le idee fondamentali per un concreto percorso spirituale, quello di una Nuova...

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- Authored by Heinz Grill
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